3Rs implementation and technical-scientific evaluation of research projects involving the use of laboratory animals

Russell and Burch's *The Principles of Humane Experimental Technique* was first published in 1959. They proposed a new applied science aimed at improving the treatment of laboratory animals while advancing the quality of science in studies that use animals. They then introduced and defined the terms *replacement*, *reduction*, and *refinement* in order to minimize potential animal pain and distress in biomedical research. The European Directive 210/63 on the protection of animals used for scientific purposes and the following Italian transposition, *Decreto Legislativo* 26/2014, have embedded in the legal text the 3rs principle. According to *Decreto Legislativo* 26/2014 before authorization is granted by the Italian Ministry of Heath to researchers wishing to use animals in their studies, their projects have to be evaluated and approved by experts from *Istituto Superiore di Sanità*. When carrying out technical-scientific evaluations of the projects experts from *Istituto Superiore di Sanità* verify that researchers, applying for authorization to conduct animal research, will take into account opportunities for reduction, replacement and refinement and implement them in practise.